

Voluntary **Action** Islington

LOCAL WELBEING NETWORK MEETING NOTES

7 September 2023

Author: Cliff Joseph Community Development Manager – Local Wellbeing Networks

Firstly I would like to extend a huge thank you to the following people for taking notes at the meeting:

- **Rosie Apperley** - Octopus Communities Networks
- **Katie Skea** – Age UK
- **Mike Sanderson** – Eagle Recovery Project
- **Nina Job** - Public Health
- **Mary Doherty** - Islington Core Team & Healthwatch Islington

When members arrived they were signed in, asked if they gave permission for their photograph to be taken during the meeting and, seated at one of three large tables (each locality had their own table)

No.	Item	
1	Apologies	<ul style="list-style-type: none">• Alan Wylie – Librarian• Alex Negut- Whittington Health NHS Trust• Alexandra Lilley - Vicar, St George's Tufnell Park)• Antoinette Webber- Whittington Health NHS Trust• Carol – HNG• Dan Morgan - James' Place London• Denyse- Mohan-Patel- Whittington Health NHS Trust• Dolly Galvis – Elfrida• Fiona Hamilton – Totally Flawed• Rhys Ratcliffe – Arsenal in the Community• Sacha Austin – Green Bridges CIC• Teresa Connolly - Senior Practitioner - Bright Futures
2	Introduction and housekeeping	Dirk Lampe - Community Centre Manager, Vibast Centre
3	Fun Facts Feature	Warm up task in pairs, asking questions to each other and introducing/sharing interesting facts about their partner with the other members of their locality.
Local Wellbeing Network Priorities		
4	Each locality to decide on the	Documents shared before the meetings: <ul style="list-style-type: none">• Local Wellbeing Networks Priorities (North, Central and, South) – One per locality

<p>focus of their Listening and Social Action Campaign.</p>	<ul style="list-style-type: none"> • Listening Campaign flyer – Setting out the findings from the listening campaign at the Local Wellbeing Network Summer event on 20 July 2023 • Organising Effective Listening Campaigns • Social Action Hub Framework • Listening Campaign Action Plan • Locality Attendance List (one per locality) • Network Building Canvas <p>Cliff introduced the aim of the meeting today - For each locality to come up with a themed focus for their listening and social action campaign, referring back to guidance on organising listening campaigns.</p> <p>Each LWN has as one of their priorities having a “Listening and Social Action Campaign” to listen to and engage the community and gauge its needs.</p> <p>Each locality was tasked with agreeing the focus of their localities Listening and Social Action Campaign.</p> <p>Then they were to:</p> <ul style="list-style-type: none"> • Agree who will do what by when • Think “How will I/we mobilise the community”? • What resources do I/we need? • When and where will we meet next for an update on the Action Plan? • Agree on a person(s) to feedback to the wider group, today • Nominate a person to write up the notes and circulate them to the wider team following this meeting <p style="text-align: center;"><u>Feedback from group discussions</u></p> <p><u>North Local Wellbeing Network</u></p> <p><u>Option 1</u> To do a social listening project based on Andover Estate.</p> <p>This would involve liaising with the community centre and other organisations that play an active role providing support within the estate to identify residents who might be 'key influencers' that we could recruit to implement the campaign. Organisations - e.g. Andover Community Centre, Residents Tenants Association, Go Africa, might know of residents who we could approach.</p> <p>To put together questions to ask a group of residents what issues they experience / rank the issues by importance, and their desire to be involved in setting up an initiative to make changes happen, e.g. Anti-social behaviour.</p> <p>To liaise with key influencers to recruit residents to do a door-knocking campaign.</p>
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To support key influencers to set up a meeting with relevant stakeholders to help with e.g. anti-social behaviour and to promote the meeting.

To build on the group to enable it to overcome other issues / set up community projects within the estate.

Option 2

To promote services and activities available within the local area, either by setting up a stall somewhere like Archway market or to have another information stall at other community events organised by e.g. the council, that are already taking place.

Additional notes:

- Similar feeling to Central Network, want to do more listening before deciding a focus
- Planning on focusing on one community venue and conducting a listening campaign there
- They will then be able to find a focus issue and, see who might be interested in getting involved in making the change

Central Local Wellbeing Network

Conversation centred around a desire to better understand what residents identify as ‘issues’ that negatively impact their wellbeing.

Wide ranging discussion that touched on BIG issues including knife crime and poverty. The latter being exemplified through people’s inability to purchase toilet paper...

The geographical areas covered by participants were the north-central part of the borough – Holloway and New River.

Three of the organisations represented connect directly with local residents via their hubs: Holloway Neighbourhood Group, Bright Futures and Elizabeth House.

There is a desire to find an engaging issue that connects us all as humans...

The group committed to the following actions:

Who	Specific action	Start date	Completion date	Resources required
Nina, Dev & Eira	Create a draft survey to explore resident priorities	19 September	22 September	
Roshni	Communicate with Octopus, setting a completion goal for each hub.		Post 22 September	Include Choices CIC. Ensure participants represent the LBI pop and include

				YP, families and older adults.
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Additional notes:

- Feeling that more listening needs to be done before we can decide what the focus of the social action project should be
- Planning on having a survey which can go out in different ways, online, in person, to listen to local community
- This will help Network see what issues residents are most concerned about, and which people might want to start making some changes in themselves.

South Local Wellbeing Network

- Discussion among attendees centred around clarifying purpose and aims for the meetings going forward.
- Priorities agreed were: -
 1. The importance of having opportunities to meet and network with a view to increasing collaborative working across local organisations and
 2. sharing resources for the benefit of residents.

‘Listen to each other’, ‘Share knowledge/insights’, ‘Build on the good’
‘Avoid overlaps’ ‘Identify barriers/gaps’

- Utilising the Finsbury library and Peel Centre as a point of contact/info for organisations to coordinate integrated responses to local need.
- Considering existing initiatives in engaging residents - Help on your doorstep – ‘Door knocking’ regularly visiting estates with representatives from Islington services (with the addition of street properties to be added to this)
- ‘Cost of living’ events, local celebratory events/festivals – to maximise reach and visibility.
- Greater links between statutory services – particularly health, GP practices and Mental health team – Healthwatch has partnerships with both

Organisations represented and interested in more opportunities for co-production and asset building supported through extended networking time at meetings:-

Big Alliance, Help on your Doorstep, Healthwatch, Core Team (NHS mental health), Islington Healing Network, Early Help (LBI), Big Alliance, The Peel, Alcohol Change UK, Finsbury Library, Better Space (affordable working space), Museum of London, Lets link

Additional notes:

- The group mostly did networking during the discussions

		<ul style="list-style-type: none"> • Lots of us are already on the front line, talking to people, so we spoke more about sharing our work with each other • Talked about how we could share what we're already doing, and how we can share resources • Made a list of organisations sat round the table • The Peel and Islington Libraries made an offer as points of contacts, organisations around the table should engage with these spaces to act as a point of shared listening, bringing it all together • Maximising listening already happening • Community centres are at the centre of their communities already • They are, and can be the focal point of the listening of the community <p>Additional comment from different group during discussion:</p> <ul style="list-style-type: none"> • Want the meetings to be about sharing knowledge and resources • Cliff – lots of feedback from the networks has been people saying they want action too, not just networking spaces
5	Networking Break	20 minutes
Network Development Process – Network Identity		
6	Values - Vision/Vivid Vision	<p>A number of questions came out of the Listening and Social Action campaign work. This necessitated the Values - Vision/Vivid Vision work being pushed back to the November meeting.</p> <p>Relevant documents are attached for reference.</p>
7	Structure of Local Wellbeing Network meetings going forward Future hosts	<p>Having monthly meetings may not be the best use of resources. Therefore going forward:</p> <ul style="list-style-type: none"> • The meetings will no longer all fall within the same week. There will be one per week, spread over three weeks. • The meetings will be convened bi-monthly • The Local Wellbeing Network meetings will be themed meetings – With a panel/presentations • Subgroups will be set up which will provide updates on accomplishments at each bi-monthly Local Wellbeing Network meeting • Half yearly review events will be held – Providing the opportunity for all three networks to come together • Community Organisers will be encouraged and supported to co-chair Local Wellbeing Network meetings
8	Website update	<p>Website update from Rosie at Octopus Communities.</p> <p>The website can access via localwellbeingnetworks.org</p>

		She asked for members to peruse the/their website and let her have their feedback.
9	Upcoming Events & Activities	<p>Participants asked, to let Cliff know, if they would like to host a future Local Wellbeing Network meeting.</p> <p>Participants shared with the wider group upcoming events they are having or know of. Cliff asked them to also send him info electronically that they would like to share with the wider group.</p> <p>Before leaving they were reminded to make sure:</p> <ul style="list-style-type: none"> • They know what their Local Wellbeing Network team had agreed today, what will happen next and, what they need to do • That their Local Wellbeing Network team and, reception have their contact details • To share contact details with anyone they would like to stay in contact with • To let Cliff know if they would like to host a future Local Wellbeing Network meeting
10	Date and time of next meeting	November 2023 - dates TBC

First Name	Surname	Company
Adam	Stokes	Alcohol Change UK
Adenike	Ladeinde	Whittington Hospital
Adeolu	Agunbiad	Richmond Fellowship
Alan	Wylie	Finsbury Library
Alexandra	Lilley	St George's Church
Alexis	White	St Luke's Community Centre
AnnMarie	Niles	Help on Your Doorstep
Barb	Jacobson	The Peel
Carys	Williams	The Big House
Cristina	Carrasco	Union Chapel
Dan	Morgan	James' Place Charity
Denise	Marshall	IHN
Devinie	Jayaweera	Islington CAMHS
Diana	Caine	Bubble & Speak
Dolly	Galvis	The Elfrida Society
Eira	Gibson	Holloway Neighbourhood Group
Elaine	Maffrett	Centre Manager
Elena	Mitchell	LBI
Emma	Gladwin	Peabody
Finbar	Preston	Hillside Clubhouse

Fiona	Hollow	Smart Works
Fiona	Hamilton	Totally Flawed
Gabriella	Kisoi	Better Space
Gullu	Cicek	Islington
Hannah	Stone	The Big House
John	Warby	Help on your doorstep
John	Warby	Help on your doorstep
Jordan	Yutan	Marys
Josh	Mulleary	Betknowmore UK
Kalli	Nikolopoulou	Highbury Counselling Centre
Kathryn	Woodward	Museum of London
Katie	Skea	Age UK Islington
Karli	Fitzpatrick	Peel Institute
Kerry	Peters-Taylor	The BIG Alliance
Kristina	Valentinova	Bubble & Speak
Laura	Thomas-Hockey	Manor Gardens Welfare Trust
Laura	Price	Global Generation
Laura	Thomas-Hockey	Manor Gardens Welfare Trust
Lauren	McSpadden	Islington Council
Lina	Mani	Manor Gardens Welfare Trust
Marie	Morgan-Lloyd	Islington Council
Marija	Mikne	BIG Alliance
Mark	Chambers	SHP
Mary	Doherty	Islington Core Team (Mental health services)
Mary	Fee	LETSlink London/UK
Mary	Doherty	Islington Core Team (Mental health services)
Matilda	Brodie	RCJ Advice
Mike	Sanderson	Eagle Recovery Project
Myriam	Rees	Snow Lion Shiatsu
Nick	Gwynne	Islington Council
Nina	Job	LB Islington
Nusrath	Jaku	Healthwatch Islington
Philippa	Russell	NHS and Healthwatch Islington
Paddy	Radcliffe	The Peel
Paul	Middleton	Islington Council – Bright Lives
Paula	Harvey	Founder - Director
Pauline	Williams	Manor Gardens Welfare Trust
Princess	Ade	LBI
Rhys	Ratcliffe	Arsenal Football Club (Community)
Roshni	Shah	Highbury Vale Blackstock Trust (Elizabeth House)
Sadiq	Pandor	Islington Council Community Partnerships
Salima	Abdallah	Stepping Stones
Samantha	Wellington	Islington Council
Sacha	Austin	Green Bridges CIC
Sarah	Vowden	Museum of London
Scarlett	Gregory	peel institute

Scarlett	Dempsey	Islington Council Community Partnerships
Sian	Phillips	Rethink
Tanjima	Akther	Kooth
Teresa	Connolly	Bright Futures
Yussuf	Ahmed	Islington Somali Community