

CENTRAL LOCAL WELBEING NETWORK MEETING

28 NOVEMBER 2023 AGENDA

ELIZABETH HOUSE

Our Vision

We are a collaborative network which shares resources to amplify the voice of residents and unlock their power to respond to community needs through collective action.

Our Missions

1. **Children and young people feeling safe in their community:** Having a sense of safety in the community sets the foundation for Children and young people to take active roles in leading change throughout the Borough.
2. **Taking action against inequality and the harm it causes:** By working with and empowering residents to address the issues they identify as being important to them.
3. **Residents feeling safe in the community:** knowing their voices are important builds confidence and empowers residents to contribute to resolving community issues.
4. **Health and wellbeing** are essential to individual and community resilience and thriving.
5. **The environment:** Residents bringing to life local public spaces as they actively make Islington's neighbourhoods the greenest and most sustainable they can be.

Central Local Wellbeing Network Priorities

(May 2023)

1. Listening and Social Action Campaign to listen to and engage the community and gauge its needs.
2. Holding a Local Wellbeing Networks event in June to highlight the work of the Networks and promote their priorities.

Facilitated by:

Cliff Joseph - Community Development Manager, Islington Local Wellbeing Networks

Agenda Items

- Apologies
- Introduction and housekeeping
- Minutes from last meeting held on 7th Sept 2023
- Plan for the day
- Check-in: reflection on actions agreed and progress, challenges, issues and opportunities
 - What has gone well/not so well
- Updates on LWN priorities
 - Focus on the design and implementation of the listening campaign and progress made
 - Resources/funding
 - Assets
 - Governance
 - Resident voice – what are they hearing
 - 5 W's and How?
 - Facts and stats?
 - What resources do we need?
- Network building canvas
 - Using the canvas: policies and procedures we have agreed/need to work on.
- Check in – asks and offers
- Networking break
- Upcoming events and activities
- Theme of next session
 - As a network what do we/you want to hear/find out more about?
 - Who do we want to get in the room, and how can this be done?

Attendees

Name	Email
Adam Parr	adam.parr@lppi.org.uk
Adam Stokes	Alcohol Change UK – Fundraising and Engagement Manager
Agnes Potakey	potakeyagnes@yahoo.co.uk
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Dolly Galvis	Dolly.Galvis@elfrida.com
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Josh Mulleary	josh@betknowmoreuk.org
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Stephen Ngandu	stephen@betknowmoreuk.org
Tony Bowden	swrhmq48ng@privaterelay.appleid.com

Key Decisions

Agenda Item	Decision	Owner	Reason

Key Actions that need to be done following the meeting

Agenda Item	Action	Owner	Estimated Completion Date
Listening and Social Action Campaign	Will hand the warm contacts to my manager.	Steina Young, Betknowmore	
	Now have warm contacts. I can ask what role gambling plays in culture and what can we do more of to reduce the harm and negative impact?	Steven, Betknowmore	
	Our organisation flows into all aspects of wellbeing. We can be the part in the middle- help to signpost, refer and collaborate.	Sheree, Leap	
	Can connect with youth and with people with gambling addiction.	Anika, Talk for Health	
	Would love to do something in local community centre.	Saiqa, Home Start	
	Cliff to send out slides	Cliff Joseph	When minutes are circulated

Points of interest

Owner	Notes
	<ul style="list-style-type: none"> • Today is about listening and social action • Framework we are working to- Social Action Hub framework- a continual journey. At the moment we are thinking about the reach- understanding our communities. • Fundamentals of community organising- building on what exists, help people develop collective power • Strengths-based, building wellbeing • “5 conditions of collective success. No one organisation acting alone can solve complex issues” • 10 steps to effective listening campaign. 1-3 is today- building a listening team, create a list of questions, choose engagement methods • Today we will each make a list of three questions to ask when doing listening in our communities.
Sheree at Leap	Ways to engage audiences: Workshops, tasters, social media, live streams, interactive experiences
Adam at the Light Project	Caledonia Road Community Centre offers space for people to learn skills, Adult Education etc. They also signpost and have leaflets
	<p>How we could work together?</p> <p>Went around the room</p> <ul style="list-style-type: none"> • Maria Big Alliance. Corporate businesses. • Steven Bet No More UK. Gambling support. Ppl experiences issues- • Christina- not sure of org. Creating and producing a programme to promote community engagement. Diverse range of clients. First activity is part of the heritage programme. Building a stage. • Older people- 50 or over. Marginalised. Social inclusion and conditions to change • Dina- Gambling outreach and living- help clients with addictions • Elizabeth House- local community • Scarlett- community partnerships. Residents and VCSE orgs • Adam- light project- community centre like Elizabeth House • Sheree- YP 10-25 and adult practitioners • Weight and health- managing conditions especially type 2 diabetes • Grazia- Museum. Courses. • Home Start - Families and children under 5- offer trained volunteers • Anika, Talk for Health. 18 plus who want to improve health and wellbeing • Rosie- Octopus Community Network. Community Centres- run 15 (including Light Project and Elizabeth House)

Adam- Light Project	First question- how are you? Will talk to people and think about what I am asking, revise and improve those.
Anne Maria from Big Alliance	Do not work with residents directly. Have a conversation on the communities side. Want more front line volunteers. Understanding that need and the programmes we could offer.
Rick, 50 Plus Digital	Mildmay Community Centre. Need funding, need to organise a space. Volunteers and equipment. Build that into the planning. Internet radio and podcast. Group of people with themes- where is your home? How has your life improved? Now- connect with the community connectors. Soon- develop that into a plan. Later- focus group around a radio session.
Roshni, Elizabeth House	Elizabeth House do door knocking. How are you?.. In cost of living crisis. – asking how long have you lived here? What do you like about the area? People can contact with ideas Do door knocking. How long have you lived here? What do you like about the area? People can contact with ideas
Christina	Whole of Islington is target audience. They particularly engage the Youth, LGBT plus, refugees (drop in). Working in partnership with Union Chapel Church. Will go along to drop ins and have the chance to talk to the people there- so warm contacts
Steina Young, Betknowmore	Will hand the warm contacts to my manager.
Steven, Betknowmore	Now have warm contacts. I can ask what role gambling plays in culture and what can we do more of to reduce the harm and negative impact?
Sheree, Leap	Our organisation flows into all aspects of wellbeing. We can be the part in the middle- help to signpost, refer and collaborate.
Anika, Talk for Health	Wellbeing groups- want to push to promote these. Can connect with youth and with people with gambling addiction. Program teaches active listening. Women/Mens Group/ Soon have a group for gambling/youth/wellbeing groups and different themes.
Saiqa, Home Start	Charity and also and Islington Councillor. Direct access to residents. Would love to do something in local community centre. A lot of residents do not know about all the good stuff going on.
NHS rep	We have come here to Elizabeth House to deliver in the past and I want to do that again soon.

Debbie, HOYD and Age UK and Council	Cost of living events. 8th Dec. 11-2pm . Also a vaccine clinic. John at HOYD is a good contact – Go “Door Knocking” and links directly with people.
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Further ideas

- Sheree- Challenging Behaviour Course- sold out

Supporting Images

LOCAL WELLBEING NETWORKS

VIVID VISION

In the year 2025, our Local Wellbeing Networks stand as thriving hubs of holistic health, community connection and empowerment, and personal growth. As you step into any Local Wellbeing Network event you are immediately welcomed into a community which is diverse, respectful, collaborative and, sustainable. The tone is immediately set for the transformative experiences that lie ahead.

Connected community

Our Local Wellbeing Networks foster genuine connections. As you engage with members, you will feel the sincere passion and enthusiasm of individuals who are dedicated to sharing resources, information, and best practice to support the empowerment of our communities.

Impactful education

Our Networks are knowledge hubs featuring regular workshops, and talks. We are committed to empowering our communities with the tools and insights needed to make informed decisions about their own health and wellbeing.

Listening and social action campaign

Through our Listening Campaigns the Local Wellbeing Networks are gaining a better understanding of the perspectives, concerns, needs, and opinions of our communities. Which then informs our decision-making, communication strategies and, actions. The narratives obtained from the Listening Campaigns inform the development of Local Action Groups based on residents being supported to create their own solutions to address local issues.

Our Social Action Campaigns are coordinated efforts aimed at promoting specific social and political causes, raising awareness about issues and, encouraging individuals to take specific actions to create positive change within their community or society as a whole. The effectiveness of our Social Action Campaigns can be measured by increased public awareness, policy changes, behaviour modifications, and shifts in public perception related to the targeted issues.

Inspiring transformation

Every individual who walks into a Local Wellbeing Network gathering is on a unique journey. Our Local Wellbeing Networks are places where transformations happen daily, leading to lives lived to their fullest potential.

Environmental stewardship

As stewards of our local environment, we are committed to sustainable practices. From energy-efficient infrastructure to eco-friendly practices. We are doing our part to care for our planet as we care for ourselves.



Voluntary**Action**Islington



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