

Central Local Wellbeing Network meeting

30 January 2024 minutes

At the Light Project International

Key Decisions made during the meeting

Agenda Item	Decision/update
<p>New attendees</p>	<p>Adam (Light project) introduced and housekeeping.</p> <p>Saiqa – HomeStart Islington Supporting mothers’ and childcare. Good at networking and serving the community.</p> <p>Jo Coral – Islington Good at sewing, made own clothes.</p> <p>Laura global generation. Runs youth programmes. Good at knitting.</p> <p>Vanessa Khan – Islington. Making things happen, community engagement.</p> <p>Norman Powell – sustainable communities. Projects around environmental sustainability. Youth projects about climate change, environment. Training programmes. Making videos with community groups.</p> <p>Jordan – St Mary’s Youth Club. Planning activities for young people. Talk about SIS She is supported programmes - for young women.</p> <p>Kelly – Islington Food Partnership - food security. Food aid for residents. Likes to write.</p> <p>Zarah. Helps with unemployed people. Courses/skills/get back into work. Volunteers for homelessness. Passionate</p> <p>Monica – Islington libraries. Activities for public and resources for community need. Likes swimming.</p> <p>East European Resource Charity. Support Eastern European communities. Immigration/welfare. Likes wild swimming.</p>
<p>What have you gained by coming to the Local</p>	<ul style="list-style-type: none"> • Zahra of Ingeus - Networking, partnerships, helping people get employed. • Better understanding of offerings available to the community.

<p>Wellbeing Network meetings/events?</p>	<ul style="list-style-type: none"> • Knowledge for signposting. • She is hoping to learn more about the work of other organisations, find opportunities to collaborate, and share best practice. • Meeting with other partners to learn about them and what resources available in Central Locality that work together to support families, children and young people. Gathering more info on resources. • First time – Jo Corral Islington Council Parks Team - Wants to make connections, offer their services to more people that need/want them. • Meeting people to work in partnership with and engage the community. • He hopes to meet other individuals and organisations that work with young people, to network with them and see how they can partner or work together and signpost. • Reach to communities. And meet other charities. • Networking, promote her service, and find out about other services in Islington. • Networking, better understanding of the needs of the community, ways forward. • Partner with other likeminded projects. • Connect with local organisations and explore opportunities to work together. • Resident: Connecting with individuals/organisations sharing learning and good practice. • Networking and contacts. • Hoping to gain networking skills, and more contacts. • Greater awareness of what is going on the Central Locality. • Hope to connect local with local organisations and understand local health needs and see how Public Health can support LWN initiatives (to do with health). • Love networking. Hoping to increase networking. • Network meetings are an opportunity to meet colleagues, network and find out up to the minute info. Collaborative working.
<p>Local Wellbeing Networks priorities - Updates and next steps. What do we hope to achieve with each priority?</p>	<ol style="list-style-type: none"> 1. Listening and social action campaign to listen to and engage the community and gauge its needs <ul style="list-style-type: none"> ○ To find out what people want ○ Helping people access resources ○ Building trust in the community 2. Holding a Local Wellbeing Network event in June to highlight the work of the Networks and promote their priorities <ul style="list-style-type: none"> ○ What are the priorities of the event? ○ Signposting of services and providing information ○ Can the Ecology Centre or the Arsenal Hub to host the event? ○ Outdoor festival – What’s on in Islington and sharing resources. ○ We should consider utilising other events e.g. the Cally Festival.

	<ul style="list-style-type: none"> ○ The group agreed for Cliff (today) to share email addresses so the group can share information about what each organisation does. The group will then be in a better position to decide how best to collaborate and share resources. This is to be done by the end of this week.
March – Challenge month	<ul style="list-style-type: none"> ● Name, organisation name, contact details ● Emerging theme or something you have noticed in your work that you would like to discuss with your service users ● Who would you like to engage in a discussion about this issue? ● How will you engage them? E.g. sofa talk, questionnaire, coffee morning ● Where and when can this be done? ● What can you do today to get things started? No matter how small. ● Would it be helpful to work in partnership with someone? Perhaps someone in the room? Who would you like to work with? ● Please share with Cliff how things are progressing and if there is any support you need. ● Cliff and team will follow up with each individual to see how they can be supported in working toward achieving their March challenge goal.
Networking break	
Guest speakers	<p>Patrick gave talk about Mandem. Parent champions.</p> <p>Patrick is happy to share details and work with people about men's wellbeing.</p>
How do we work together? <ol style="list-style-type: none"> 1. Membership eligibility 2. Making decisions together 	<ol style="list-style-type: none"> 1. Membership eligibility <ul style="list-style-type: none"> ● To ensure the consistency in the work we do we need regular attendees ● Members to take more ownership/responsibility on priorities and decisions. ● Terms of reference/purpose to be attached to the membership of the group. 2. Making decisions together <ul style="list-style-type: none"> ● How does my agenda align with the aims of the network? ● A clear idea of what we want to achieve and what resources we can offer each other. ● The conversation then developed to explore the Octopus Network Mapping Tool. ● There needs to be a clear rationale for any decision the Network makes e.g. it must show a benefit to the community.
Upcoming events	<p>Jo - Ecology centre –offer to display leaflets. Intergenerational event for all ages.</p>

	<p>Chris (Islington) Walking tour History of Barnsbury. March Happier outdoors – green social proscribing.</p> <p>Monica – loads of events at the library.</p> <p>St Mary’s Youth Club – young people can access gym for free.</p>
Theme of next session	Have someone to talk about services for refugees and asylum seekers.
What have you gained by coming to today’s session/takeaways?	<ul style="list-style-type: none"> • Focus on the year ahead and looking forward to the process of working together as a group. • How we best continue the meetings [should funding come to an end in July]. • Thinking about how we best access existing resources. • Additional local resources. • Knowledge of new projects. • Coming together at ONS/HOYD wellbeing events in April. • There is a robust support service in this locality. We just have to link up. • Rick Crust of 50+ Digital - Update Octopus map. • I will take away mapping and being linked with a partner.. Also, how to work toward goals. • Being inspired by the wealth of activities happening across the borough and the expertise in the room. • Good to network. Not sure what the priorities are. Although I understand membership/terms of reference and event discussed at length. • Offer PH after to Patrick (promote to dads).People have limited capacity but everyone values the networks. Need to find a solution. • Jo Corral - Make sure we are on the Octopus map. • Lots to think about – Strategic operational decision making and method. How the network works and umbrellas to other localities.
Networking cont. to 4.30	

Key Actions that need to be done following the meeting

Agenda Item	Action	Owner	Estimated Completion Date
LWN priorities, updates and next steps	Cliff to share contact details of attendees at meeting after the meeting	Cliff	30 January 2024
LWN priorities, updates and next steps	Network members to share details of who they are and what they do	All network members	2 February 2024

Points of interest

Owner	Notes
	Earlier start time for LWN meeting (12.30) so we can meet for a networking lunch

ATTENDEES		
First Name	Surname	Company
Adam	Parr	Light Project Pro International
Anika	Islam	Talk for Health
Annmarie	Niles	Help on Your Doorstep
Beata	Samonek	EERC
Christopher	Phillips	Islington Council Heritage and Environment
Elzbieta	Blazewicz	East European Resource Centre
Gulderen	Koyel	Turkish & Kurdish Children's Group
James	Wooldridge	VAI
Jo	Corrall	Islington Ecology Centre/Parks Team
Jordan	Yutan	Mary's
Kelly	Novak	Islington Food Partnership
Kwabena	Anyemedu	Islington Core team
Laura	Price	Global Generation
Mary	Doherty	Islington Core Team (Mental health services)
Maryla	Makowska	East European Resource Centre
Monica	Sever	Islington Council
Nicky	Ludgate	Help on Your Doorstep
Norman	Powell	Sustainable Communities
Patrick	Penny-Annang	Barnsbury Housing Association
Rick	Crust	50+ Digital (MRS - Independent Living)
Rosie	Apperley	Octopus Networks
Saiqa	Pandor	Homestart Camden and Islington
Sally	Gill	City Community Legal Advice Centre
Sidonie	Sakula-Barry	Islington council - Public health
Soumaiya	Edoo	Voluntary Action Islington
Vanessa	Khan	London Borough of Islington
Zahra	Latif	Ingeus

12 of the attendees are Islington residents

APOLOGIES		
Alexandra	Mckell	Leap Confronting Conflict
Edna	Samuel	Maya Center
Elsa	Mampuya	Ingeus
Frances	Bradley	C&I NHS Foundation Trust

Gullu	Cicek	Bright Future Islington
Hannah	Screech-Pearce	Leap Confronting Conflict
Hinnah	Gill	Islington Council
Jackie	Noone	North London mental health foundation trust
Jeanette	Daly Mathias	RCJ Advice & Citizens Advice Islington
Jenny	Ling	London Borough of Islington
Lawrence	Curtis	Healthy Minds, Healthy Bods
Maria Dolly	Galvis Zapata	The Elfrida Society
Myriam	Rees	Snowlion wellness
Nicola	Hollinshead	Islington People's Theatre
Rona	Topaz	Mindful Music
Suleman	Alibhai	VIA

Supporting Images



